**Mindsets Survey**

**Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Class: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_**

Take this short quiz\*. Answer **YES** or **NO**  to each question. There is **no right or wrong answer** so don’t think too hard about each question. Just answer it honestly.

\_\_\_\_\_\_ 1.I can learn new things but my intelligence is something about me that can’t change.  
\_\_\_\_\_\_ 2.When I don’t understand something I like to slow down and try to figure it out.  
\_\_\_\_\_\_ 3.I get stressed out from academic challenges.   
\_\_\_\_\_\_ 4.I can learn very difficult things if I work hard and stick with it.   
\_\_\_\_\_\_ 5. My grades reflect my intelligence.   
\_\_\_\_\_\_ 6. I like class work that I’ll learn from even if I make a lot of mistakes.  
\_\_\_\_\_\_ 7.When I don’t do well in a class it means I must not be very good at that particular subject.  
\_\_\_\_\_\_ 8. Effort is more important than natural ability for doing well in school.  
\_\_\_\_\_\_ 9.When I don’t understand something, I get very frustrated and want to give up.  
\_\_\_\_\_\_ 10. No matter how much intelligence I have, I can change it quite a bit.

**Growth Mindset Scoring & Reflection**

Student Mindset Reflection

1. How many ODD numbers were true? (1,3,5,7. 9) ?. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2. How many EVEN numbers were true? (2,4,6,8,19) ?. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Odd number questions reflect FIXED mindset thinking.

Even number questions reflect GROWTH mindset thinking.

Right now do you have a more fixed or growth mindset or is it even?

How do you think your mindset has affected your success in learning new things?

How does this mindset affect how you do in school?

In general, how do you feel about yourself as a learner? Why?

What will you need to do to develop or continue developing a growth mindset?

What strategies do you use when you get stuck while learning? Why do you use those strategies?